Japanese Etiquette and Manners Cheat Sheet Phrases & Tips

Basic

おはようございます Ohayou gozaimasu — Good Morning こんにちは Konnichiwa — Good Day こんばんは Konbanwa — Good Evening おやすみなさい Oyasumi nasai — Good Night ありがとうございます Arigatou gozaimasu — Thank you ごめんなさい Gomen nasai — I am sorry すみません Sumimasen — Excuse me しつれいします・しました Shitsurei shimasu/shimashita I'm very sorry, please excuse me

Eating

いただきます Itadakimasu – Said before a meal "I receive this food" ごちそうさまでした Gochisousama deshita
Said after a meal "Thank you for the meal"

Visiting Someone's House

おじゃまします **Ojama shimasu**Said when entering someone's house "May I come in?"
おじゃましました **Ojama shima**shita
Said when leaving "Thank you for having me"

Work

おつかれさまです Otsukare sama desu Good job, We just did a tough thing おさきにしつれいします Osaki ni shitsurei shimasu Excuse me for leaving first

Bowing

- -Straight back, don't look the person in the eye
- -Longer and deeper is more polite
- -Ladies hands clasped in front, Men hands at sides

Food

- -Don't stick chopsticks upright in rice
- -Slurp Asian noodles but not western noodles
- -Don't pass food with chopsticks

Bathing

-Wash before entering onsen (hot spring)

-Don't dip your towel in the hot bath water

Gift Giving

-Bring a small gift to the people in your office when you go on a trip.

Shoes

Take them off when entering a house/building.

Business Cards

- Treat with respect
- -Don't stuff into your pocket when you get them

Drinking Parties

- -Bring a good amount of cash
- -Wait to be seated
- -Wait until the toast to drink
- -Pour for other people, not yourself
- -If you don't drink, be firm. Let people know, order oolong tea.
- -What happens at the drinking party stays at the drinking party

**When in doubt wait to be directed.

**There is no such thing as too much apologizing, bowing or thanking.