

Community Involvement: How to Immerse Yourself While on JET

By Ryan Hata (ALT, Tottori-ken, 2014-2017)

Contact Email: president@jetaany.org



Introduction

- Give yourself time and space
- Be proactive!
- Rock your comfort zone

Work-life Balance

- Most of you will be ALTs and your main tasks will be associate at your schools
- Down time
- After school clubs
- Enkais

Local Community

- Language Exchange
- Community or Civic Centers
- Local Festivals
- Volunteer Opportunities

Association for JETs (AJET)

- [Prefectural](https://drive.google.com/file/d/1eySa4rgpAGjplrWh_puYO_ps5txpVWTT/view) (from JETAA Vice Chair, Laurence Inniss)
- [National](https://ajet.net/) (<https://ajet.net/>)
- [Special Interest Groups](https://ajet.net/jet-community/special-interest-nationality-language-groups/) (<https://ajet.net/jet-community/special-interest-nationality-language-groups/>)

KenJETkai

- Started by Mark Frey in Kumamoto; prefecture-centric resources for JETs
- Its aim is to help promote tourism and economic opportunities between the prefectures that we have had the privilege of living in, and our home countries

Ultimately...Be Yourself!

- Make sure you find some hobbies you're passionate about or interested in
- Seek out help from fellow JETs, colleagues, your BOE, etc.