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**Being a Minority in Japan: JETs of African Descent**  
**Pre-Departure Seminar June 24, 2017**

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- 1. Introductions**
- 2. Your concerns/expectations as a person of color living in a predominantly Asian society**
- 3. My experience in Japan as a former JET of African descent**
- 4. What might you experience as a person of African descent in Japan?**
  - a. They will look, they may stare, they will probably touch (especially your hair).
    - i. They are just curious about you
    - ii. You may feel like a celebrity at first, but it can be very overwhelming. Practice self-care.
    - iii. It's okay to do the address behavior that you find uncomfortable.
  - b. Stereotypes - Some Japanese people may assume your interests are heavily into hip-hop, rap, and reggae music. Also some will think you are good at singing, dancing, playing sports, etc...
    - i. If you are, great! Share those things *but* tell them what they don't know
    - ii. If you aren't, great! Share your personal talents and interests
      1. It's all about them getting to know you as an individual
  - c. Finding skin care, makeup, hair products, and stylists will probably be difficult, especially in more rural or suburban areas
- 5. Tips and Takeaways**
  - a. Don't be afraid to share your experiences as a person of color living in Japan
  - b. Find teachable moments
  - c. Always be polite
  - d. You're going to stand out anyway, might as well be yourself  
*(while still adhering to rules and societal norms, of course)*
- 6. Questions**
- 7. Resources**
  - a. **Education**
    - i. [www.teachervision.fen.com/black-history-month/teacher-resources/6602.html](http://www.teachervision.fen.com/black-history-month/teacher-resources/6602.html) Provides Black history lesson plans, videos, literature, biographies, quizzes, etc...
  - b. **Online Resources**
    - i. <http://jetsad.tumblr.com/>
    - ii. <http://www.blacktokyo.com/>
    - iii. <http://www.locoinyokohama.com/>
    - iv. <https://gaijinchronicles.com/> (archived)
    - v. <http://blackexpat.com/new/magazine/> (archived)
  - c. **Hair and Skin Products**
    - i. <https://www.nappturality.com/>
    - ii. <http://www.curlynikki.com/>
    - iii. [www.ebonyline.com](http://www.ebonyline.com)
    - iv. [www.hairsisters.com](http://www.hairsisters.com)
    - v. [www.oyinhandmade.com](http://www.oyinhandmade.com)