

Being Latinx in JET

By Dayana Mendoza

Little bit about myself



Peruvian born in NYC

Bilingual (a bit trilingua)

ALT for 3 years
(2017-2020)

Hyogo Prefecture (Sanda)



Culture Shock & Struggles

If this is your first experience going to Japan, or if you have been there before you will experience

- Diversity (Urban, Suburban, Rural)
 - Stares and curiosity
- Language Barrier
- Customs & Greeting
- Food
 - Not a lot of latinx food variety (mostly Mexican or Spanish)
- Lifestyle changes



Sharing your culture in Japan!

Don't be afraid to share your culture and customs with your students, coworkers, and friends.



Ways to share your culture

- English Class
- Club activities
- Join local community center
- Plan an event with your fellow JETs



What to do when you're missing home

- Join your prefectural AJET
- Join community events
- Search or ask for Food recommendations
- Talk with your fellow JETs
- Video chat/Call your loved ones



Never forget!

You're never alone, and that your culture and traditions lives in you!



Some final tips!

- Bring some of your favorite cooking spices, snacks, coffee, etc!
 - Ask family if they can send you a care package
- Search online for any spanish/latinx food spots (ask some of your fellow JETs)
- Talk to your local community center
 - They can find out if there are any Latin American events
- Keep your eyes and ears open
 - (Never know when you'll make a new friend)



Q & A TIME!

Feel free to ask me anything 😊